

Cramlington Learning Village Educational Mental Health and Well Being Practitioner Hours Term time only 37 hours a week Salary Band 7 SPC point 24

JOB DESCRIPTION AND PERSON SPECIFICATION

KEY RESPONSIBILITIES

The post holder will,

- To deliver evidence-based intervention for children and young people, with mild to moderate mental health problems across the school.
- To deliver evidence based group work interventions with mild to moderate mental health problems across the school.
- To work within an established triage system to help students who present with more severe problems to access more specialist service in a timely way
- To promote mental well being across the school for staff and students
- To support and contribute to training to enable staff in school to identify, and where appropriate, manage issues related to mental health and wellbeing.
- To undertake and record accurate risk assessments and operate clear risk management processes in line with school policy
- Attend multi-disciplinary and multi-agency meetings relating to referrals or children and young people in treatment, where appropriate

- Keep clear, professionally coherent records of all activity in line with both health and education service protocols and use these records and outcome data to inform decision making.
- Complete all requirements relating to data collection.
- Ensure that confidentiality is always protected.
- Participate in individual performance review and respond to agreed objectives.
- Keep all records up to date in relation to Continuous Professional Development and the requirements of the post and ensure personal development plans maintains up to date specialist knowledge
- Carry out observations of children in class to support appropriate referrals
- Work closely with the pastoral team and be a presence at social times to promote well being and positive mental health
- Work closely with the triage team to advise and make decisions on referrals
- To deliver parenting classes around resilience, low mood, anxiety and sleep hygiene.
- To support the designated mental health lead to develop their whole-school approach.
- To ensure any documentation produced is to a high standard and is in line with the brand style
- Be aware and comply with all policies and procedures relating to safeguarding, child protection, health, safety and security, confidentiality and data protection, reporting all concerns to the appropriate person
- To support and promote the school ethos
- To undertake any other duties and responsibilities as required that are covered by the general scope of the post
- To undertake any other reasonable duties at the request of the Headteacher

CRAMLINGTON LEARNING VILLAGE

Person Specification

Mental Health and Well Being Practitioner

Scale: Band 7 SPC point 24

ATTRIBUTES	ESSENTIAL	DESIRABLE	HOW IDENTIFIED
RELEVANT EXPERIENCE	 Previous experience of working with children and young people at secondary level Experience of working with children and young people who have social, emotional and/or behavioural difficulties Experience of the delivery of specific therapeutic interventions to children, young people or their families (e.g. CBT, solution focused brief therapy) 	 Previous experience of working with young people Post 16 Experience in both mental health and in education 	Letter, Refs
EDUCATION/	Educated to degree level	 Further specialist qualifications in therapies 	Letter, Refs

TRAINING ATTAINMENTS	Completed the HEE commissioned 1 year Educational Mental Health Practitioner course.	 and interventions Youth Mental Health First Aid Teaching Qualification Current First Aid Qualification 	
SPECIALIST KNOWLEDGE AND SKILLS	 Good knowledge of the educational system in England Good understanding of how Well being and mental health impacts on achievement and attendance Knowledge of children and young people gained through academic study in child development, child wellbeing or mental health Ability to carry out 1:1 and group therapeutic mental health interventions with children and families Ability to conduct mental health assessments of children and young people Able to assess, mitigate and manage risk 	 Ability to conduct group parenting programmes Ability to work within educational settings to increase mental health awareness with staff Ability to advise on strategies to support staff mental health 	Letter, Refs, Interview

	 Knowledge and commitment to safeguarding of children and young people 	
DISPOSITION	 A commitment to and interest in the well being, mental health, support and achievement of students Enthusiastic and Self motivated A strong belief in teamwork and cooperation Commitment, to high professional standards Ability to manage a sensitive, traumatic and potentially emotionally distressing caseload Excellent oral and written communication 	Letter, Refs, Interview