# **PERSON SPECIFICATION: Health & Exercise Activator POST REFERENCE: 106882**

**HARTLEPOOL BOROUGH COUNCIL IS COMMITTED TO SAFEGUARDING AND PROMOTING THE WELFARE OF CHILDREN, YOUNG PEOPLE AND VULNERABLE ADULTS. IF THIS POST IS SUBJECT TO SAFER RECRUITMENT MEASURES THEN A DISCLOSURE AND BARRING SERVICE (DBS) CHECK WILL BE REQUIRED.**

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| REQUIREMENTS | ESSENTIAL CRITERIAPlease indicate in brackets after each criteria how this will be verified i.e. (F), (I), (T), (R)  | DESIRABLE CRITERIAPlease indicate in brackets after each criteria how this will be verified i.e. (F), (I), (T), (R) |
| * **Educational/vocational/ occupational qualifications and/or training**
* **Specific qualifications (or equivalents)**
 | A level or equivalent in a leisure discipline or demonstrable experience of working in a sports/leisure and health related environment. (F)GP Referral Qualification (F)Additional Fitness or NGB awards at Level 2 or above in a range of teaching disciplines (F) (I)First Aid Certificate (F) (I) | Degree or equivalent in a sports/leisure health based discipline (F) (I)Safeguarding and protecting Children and vulnerable adults training (F) (I)Diabetes & Obesity Level 4 Qualification (F) |
| * **Work or other relevant experience**
 | Recent experience of working in a sports /leisure related environment, with emphasis on engaging with specialist populations. (F) (I)Demonstrable experience of planning and leading high quality activity programmes in the community.(F) (I)Experience of working with disadvantaged people and low participation groups. (F) (I)Experience of working with a range of partners e.g. GP’s NHS Health Professionals and Voluntary sector organisations.Experience of leading activity sessions (F) (I)Experience of mentoring and team teaching sessions.(F) (I) | Marketing and promotion experience (F) (I)Experience of staff/volunteer mentoring and guidance. (I)Experience for applying for grants (I) |
| **ESSENTIAL/DESIRABLE CRITERIA WILL BE VERIFIED BY: F = FORM I = INTERVIEW T = TEST(S) R = REFERENCE(S)** |

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| * **Skills, abilities, knowledge and competencies**
 | Excellent communication skills, verbal and written report writing (F) (I)Ability to assist with public consultation and engage positively with members of the public (F) (I)Knowledge of Exercise on Prescription and the Type 2 Diabetes diagnosis and health considerations of this condition.(F) (I)Aware of the health and safety implications of working with special populations (F)Efficient organisational skills and able to work to tight deadlines. (F) (I)Ability to work with others as part of a team. (F) (I)Computer literate (word Excel) (F) (I) | tieodeo |
| * + **General competencies**
 | Strong commitment to addressing health inequalities and encourage behaviour change for those living with chronic health problems. (F) (I)Flexibility to work occasional evenings and weekends (F) (I) | Competent to present to service users and professional colleagues (F) (I)Knowledge of Motivational Interview techniques (F) (I) |
|  **ESSENTIAL / DESIRABLE CRITERIA WILL BE VERIFIED BY: F = FORM I = INTERVIEW T = TEST(S) R = REFERENCE(S)** |

Please note all appointments within Hartlepool Borough Council are subject to a declaration of medical fitness by the Council’s Occupational Health Service (having made reasonable adjustments in line with the Equality Act (2010) where necessary.